Gift from the Sea is like a shell itself in its small and perfect form . . . It tells of light and life and love and the security that lies at the heart."--New York Times Book Review. From the Back Cover. modern-day classic.Â I first read 'Gift from the Sea' decades ago when I was in my 20's and loved it then. However, I just completed it again and identified so much more with Anne Morrow Lindbergh's life insights as she spends time alone in a small cottage on Captiva Island Florida. Like the author I am now at a time in my life where I have been married for a long time and my child is grown and I can appreciate her questioning the value of relationships, obligations and how we spend our time on too many things that do not align with our search for meaning in our lives. Gift from the Sea Re-opened. Introduction to the. Fiftieth Anniversary Edition. My mother published this book over fifty years ago, and I feel as if I have read it fifty times since then. I may not be exaggerating. Gift from the Sea first came out when I was ten years old, and this edition is appearing in my sixtieth year.Â At whatever point one opens Gift from the Sea, to any chapter or page, the author’s words offer a chance to breathe and to live more slowly. The book makes it possible to quiet down and rest in the present, no matter what the circumstances may be. Just to read itâ€”a little of it or in its entiretyâ€”is to exist for a while in a different and more peaceful tempo. Even the sway and flow of language and cadence seem to me to make reference to the easy, inevitable movements of the sea. Gift from the Sea book. Read 4,205 reviews from the world's largest community for readers. In this inimitable, beloved classicâ€”graceful, lucid and lyricalâ€”Goodreads helps you keep track of books you want to read. Start by marking â€œGift from the Seaâ€ as Want to Read: Want to Read saving… Want to Read. Currently Reading. Read. Other editions. Enlarge cover. Gift from the sea by Anne Morrow Lindbergh, unknown editionÂ The setting of her book is the sea shore; the time, a brief vacation which had lifted her from the distractions of everyday existence into the sphere of meditation. As the sea tosses up its gifts - shells rare and perfect - so the mind, left to its ponderings, brings up its own treasures of the deep. And the shells become symbols here for the various aspects of life she is contemplating. Gift from the Sea is a book written by famed author and wife of legendary pilot Charles Lindbergh, Anne Morrow Lindbergh. The subject of tragedy and strength, Anne Morrow Lindbergh shares with the reader intimate tales of her journey to date, 1955. Anne travels to an island where she will remain for two weeks.Â In addition to the metaphor of the sea, the author compares each stage of life to a particular shell found on the beach. All the beautiful shells cannot, and should not, be collected. One must choose and be content in that selection. The first shell is the Channeled Whelk. The empty shell offers the only sense of protection for the sea creature and the author reflects on possible reasons one might leave one's only known shelter to set out into the unknown.