Changes: Becoming the Best You Can be, Quest International, 1988, 196 pages, 1988, 9780933419247, Gary R. Collins, Bill Cosby

This book changed the way I look at options: Less is better. 16. The Power Of Habit by Charles Duhigg. Forming new habits is a practical skill that immediately impacts the quality of your life. The ultimate guide to becoming good at what you do. This book is not only a playbook for mastery, but it’s also a collection of biographies of great historical figures. 22.

Bird by Bird by Anne Lamott. Multiple readers recommended this book to me. Bird by Bird is about more than writing. If it doesn’t make you a better writer (which I doubt), it will make you a better person. Like I’ve said before, I hope you pick up one of these books and that they will change the way you think. And don’t let the money hold you back.

One of my friends recently told me that he had bought a 4K television. Reading a good inspirational book during such period can change our way of thinking and give us hope and motivation. Books are no doubt a huge source of motivation. We can derive great inspirations from them and transform our lives positively. Your sentence formation becomes quick, better and qualitative. You rarely get stuck for lack of words. Once you have a richer vocabulary and controlled command over the language, your communication skills automatically become better. 15. Importance of reading in improving your brain functions. If you are a book lover, you are never really alone! You can always have a friend in the form of a book. And there’s reason why book lovers consider books to be their best friends. Books don’t complain, neither do they have any demands. The right books can change your mindset for the better and thence change your life, since thoughts create and so new thoughts contribute to new and more wanted results. BUT. I mistakenly went through the wrong material which set me back a long time.

Morale So we can be open to new books too. What is useful is reading from the best in the beginning more, then also keeping the mind open to unknowns. Bruce Lee had over 2500 books in his personal library. He would read books on Success / Achieving Goals as well as other subjects like Philosophy, Meditation, Physical Training, Combat / War Fighting and more. He became a fascinating individual that remains a foremost icon in Martial Arts to this day. It all mainly started with Books. Good luck. The best books that will change your life. Read more to apply the knowledge in your personal life. Read more to apply the knowledge in your personal life. A better you, that’s how you will become once you read these books. You don’t born with the knowledge, you absorb it all the way as you age, but there are tools to help you improve your personality and become the best version of yourself. Try these books and wonderful things will happen to you in short time. #books #lifechangingbooks #selfimprovement #betteryou. Lasting Change For Early Quitters, Burnouts, The Unmotivated, And Everyone Else Too

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