Apple. Android. Palaspas, woven palm fronds during Palm Sunday celebrations in the Philippines. The coconut was a critical food item for the people of Polynesia, and the Polynesians brought it with them as they spread to new islands.[164]. In the Ilocos region of the northern Philippines, the Ilocano people fill two halved coconut shells with diket (cooked sweet rice), and place liningta nga itlog (halved boiled egg) on top of it. This ritual, known as ninyogan, is an offering made to the deceased and one's ancestors. This accompanies the palagip (prayer to the dead).Â The Complete Book on Coconut & Coconut Products (Cultivation and Processing), Asia Pacific Business Press Inc. p. 274. ISBN 9788178330075. Here are some long promised coconut palm weaving processes first The Dilly Bag and next The Fruit Bowl or Calabash the beautiful serpent like weave on the headband was taught after my teacher had been with some weavers from Vanuatu. The ladies wear them for dancing and ceremony and he also said they make theÂ theÂ and next The Fruit Bowl or Calabash. the beautiful serpent like weave on the headband was taught after my teacher had been with some weavers from Vanuatu. The ladies wear them for dancing and ceremony and he also said they make the flowers below and stitch them around the band. how beautiful and if you chance to see the vibrant green against some unruly dark curls you will see the island regality!