Recovery From Disability: Manual of Psychiatric Rehabilitation; American Psychiatric Pub, 2009; Robert P. Liberman; 628 pages; 9781585628889; 2009

Recovery From Disability. Manual of Psychiatric Rehabilitation. Robert P. Liberman, M.D. Foreword by John A. Talbott, M.D. 2008. Recovery From Disability describes the principles and practices of psychiatric rehabilitation to bridge the gap between what is known and what actually can be used to achieve recovery for patients in real-life mental health programs. The book draws on Dr. Robert Paul Liberman’s 40 years of designing, testing, and disseminating innovative treatments for persons with mental disabilities. This practical book addresses day-to-day realities faced by practitioners who must wrestle with the individualized needs and personal goals of each patient while drawing up a rehabilitation roadmap to recovery. Recovery From Disability is organized into 10 sections, beginning with the principles and practices of psychiatric rehabilitation as “the Road to Recovery,” and going on to illness management, functional assessment, social skills training, family involvement, vocational rehabilitation, methods and modalities of service delivery, and special services for special populations. Highlights include an emphasis on empirically validated treatments and constructs; useful illustrations and diagrams; clear descriptions of all terms (remarkably helpful and even necessary in a rapidly changing field replete with agencies, transdisciplinary approaches, and no shortage of bureaucratese); and generous end-of-chapter tables of “key points.” In the past 2 years I have acquired four substantial tomes on the topic: our own Enabling Recovery: The Principles and Practice of Rehabilitation Psychiatry (Gaskell, 2006); the soberly entitled Psychiatric Rehabilitation (Academic Press, 2007); the highly academic Principles and Practice of Psychiatric Rehabilitation: An Empirical Approach (Guilford, 2008) and now Recovery from Disability: Manual of Psychiatric Rehabilitation. Liberman's book stands out from the crowd in a number of ways. He is the only author to attempt to tackle the subject on his own, which allows his humanistic concern and deep commitment to alleviating the effects of mental illness on service users and carers to shine through, despite his occasional use of language that deviates from the politically correct. Rehabilitation psychiatry in an era of austerity. FRANK HOLLOWAY. Croydon Integrated Adult Mental Health Services, South London and Maudsley NHS Foundation J Ment Health Downloaded from informahealthcare.com by HINARI on 04/28/10. Recovery from disability: Manual of psychiatric rehabilitation. Washington, DC: American Psychiatric Publishing, Marwaha, S., & Johnson, S. (2004).